



AUGUST 2016

Cloverleaflet

Make the best better

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Marin County 4-H Newsletter

Marin County 4-H
Youth Development Program
1682 Novato Blvd., Suite 150-B
Novato, CA 94947
Phone (415) 473-4207
Fax (415) 473-4209
Marin County Cooperative
Extension website:
<http://cemar.ucdavis.edu>
State 4-H website:
<http://ca4H.org>

Mark your Calendars!

August

Aug 20

Record Book Judging

Marin 4-H Office
9:00 AM—2:00 PM

Aug 31

Office Books Due
All Club Year End
Documents Due

September

Sep 5

Labor Day
Office Closed

Sep 8

Council Meeting
Marin 4-H Office
6:30 PM—8:30 PM

October

Oct 2

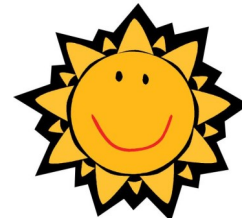
Achievement Day
4:00PM

Oct 2-8

National 4-H Week

Oct 7

National Youth Science Day



The newsletter is sent to all 4-H families with completed and approved registration. A digital version of the newsletter is available on our website. To discontinue receiving a paper copy, call the office at 415-473-4207.

Welcome to the New 4-H Year!

Message from the President

On behalf of the Marin County 4-H Council I would like to take this opportunity to welcome back all returning 4-Hers and all new 4-H members to our Council. As anyone who has been in the 4-H program for any length of time knows, being a member, or a volunteer in a 4-H Club is a very rewarding and worthwhile endeavor. I hope that all returning 4-Hers are bringing in a new member with you this year since there is no better way of building your club or project than exposing people who have never experienced the 4-H way. As they say, "Share the fun!"

I would also like to thank all the volunteers who make 4-H go. Without you this program would be all stop and the children currently in the program would not be able to enjoy the things they do by being in 4-H.

That is all for now and I look forward to seeing you at the County Council meeting on September 8th.

— Pat Karinen
President
Marin County 4-H

To all 4-H Members....

How to start the year with a bang!

It's a new 4-H year! What does that mean for you, the 4-H member? Here are some suggestions to help make this 4-H year a great one:

Try Something New. Sign up for a project you haven't tried before, or join a committee. Expand your horizons!

Set Goals: What do you want to accomplish in your leadership roles or projects? Write those goals down!

Plan Now for Next Year's Record Book: The key to completing a record book is to do a little at a time all year, especially the PDR. Check out the record book resources now, print out a PDR, and fill it in as the year unfolds. <http://4h.ucanr.edu/Resources/Members/RecordBook/>

Celebrate National 4-H Week: National 4-H Week begins October 2nd. Wear your shirt, give a presentation to your class at school, help out with a club outreach activity or share your 4-H pride is some other way.

Invite a Friend: Do you have a friend that might really enjoy your 4-H club. Invite him or her to come to your club meeting and check it out!

I pledge...

My Head 

To clearer thinking

My Heart 

To greater loyalty

My Hands 

To larger service

My Health 

To better living

For my club, my community, my country and my world.



University of California
Agriculture and Natural Resources

#UCANR4H

Regional News

4-H Beyond the County

By Skye McCormick

Tamalpais 4-H, Marin County All Star

Our county program has lots to offer, but there are even more opportunities at the sectional and state level. Some of those opportunities include overnight conferences. I have attended 3 of those, CAL Conference, SLC, and Citizenship Weekend. Aside from learning about leadership and citizenship, I have met some really great people from all over California.

Citizenship Weekend seems to be a sort of unintentional secret. I went for the first time last year and it was a really good experience. We participated in a mock trial, cleaned up the beach, and toured local attractions. This year it will be held in Sacramento, September 16th - 18th. Register soon! http://4h.ucanr.edu/4-H_Events/Citizenship_Weekend/

CAL Conference is our sectional leadership conference, held at Walker Creek Ranch. Workshops I attended included public speaking strategies and practice, a session on ice breaker games, Motivational and educational speakers get delegates excited about leadership. CAL Conference is held in late January.

SLC is the CA 4-H state leadership conference. It is held each year at a different UC or state school. We live in the dorms and eat in the college cafeteria. This year it was held at Humboldt State. We had the opportunity to tour local points of interest, as well as attending 3 workshops of our choice. There were 26 workshops to choose from! Among them, self defense, quidditch, youth in politics, and goal setting. SLC is held in mid to late July. http://4h.ucanr.edu/4-H_Events/SLC/

California 4-H State Management Board Begins Work

The newly formed California 4-H State Management Board held its first meeting on Sunday, August 14th. The purpose of the State Management Board is to provide leadership and direction to the program with maximum input from the counties. Each area has representation on the committee, and each area has a committee of its own.

The Bay/Coast Area Committee is a volunteer committee serving under the direction of the Bay/Coast Area Director and is responsible for helping to identify the needs of the 4-H Youth Development Program in the Bay/Coast Area and work to ensure that the programing needs are met for 4-H members throughout the area. The committee is comprised of one youth member and one adult volunteer from each county within the Bay/Coast Area to work collaboratively to determine the best scope of work for that year. We would like to thank Alexandra Matthews and Skye McComick for stepping up to represent Marin County.

Alexandra and Skye will be able to update the County Council on the activities of the State

From the 4-H Youth Development Advisor, Steven Worker

4-H Grows Here

In my first few months as the new 4-H Youth Development Advisor, I have seen tremendous efforts and contributions from hundreds of youth, parents, and adult volunteer leaders. I was impressed with the vibrancy at 4-H summer camps. I was delighted to see 4-H at the Marin, Sonoma-Marín, Sonoma, Healdsburg, Napa Town & Country, and West Marin Fairs. I have felt welcomed to the greater North Bay 4-H community and am excited to helping grow the 4-H program.

What is the job of a 4-H Advisor?

In my conversations with 4-H leaders, I have been getting the question: “What is your job?” According to the University of California, the role of a Cooperative Extension Advisor is to “make available to the public the latest in knowledge and practices” respective to the specific Advisor, like Viticulture Advisors, Weed Science Advisors, Environmental Horticulture Advisors, and Youth Development Advisors. Advisors are evaluated on research efforts, building programs, professional competence, University and public service, and affirmative action efforts.

But what does this mean? Here are a few things I will be doing.

Leadership: Providing leadership and oversight to 4-H Clubs, programs, and camps, in partnership with the 4-H Program Representative/Manager. This includes providing educational resources, providing training, supporting evaluation, and ensuring 4-H policies are followed.

New Programs: Growing new 4-H programs and developing curriculum. I plan to bring my expertise to bear in positive youth development, teen leadership, and STEM (science, technology, engineering, and math). Additionally, I have a specific charge from the University to reach Latino communities.

Research: Conducting applied research. My background is in out-of-school time educational research (social sciences) and my interest areas include broadening how we define learning (beyond knowledge and skill to include attitudes, dispositions, and identity) and assess learning (moving beyond surveys to include the things youth make in their projects as an authentic form of assessment).

Face of 4-H: Acting as a 4-H liaison to the National and State 4-H Offices, as well as local government agencies, youth organizations, and the community at-large.

Do you have other questions or ideas for new programs? Send me an email at smworker@ucanr.edu.



Record Books!

RECORD BOOK EVALUATION IS ALMOST HERE!

County Record Book Evaluation
August 20th
9:00AM to 2:00PM
(or until we finish)



Record Book evaluation will begin with an overview of evaluation process, summarizing the webinars in Record Book Evaluation offered this Spring by the state office. Our orientation time together this year is very important!

Parents and leaders are welcome to participate in Record Book evaluation. One does not need prior experience to be an evaluator, and serving as one is an excellent way to improve 4-H Record Book knowledge and skills.

We are using the online service, Sign Up Genius, for this and other 4-H events and activities. Many families have used this for school and other organizations and find it quite helpful. To reach our Sign Up Genius registration for Record Book Evaluation, please visit: <http://www.signupgenius.com/go/10c0a4baeaf23aaf94-record1>

Record Book Evaluation is very rewarding! When we look at all that our members have accomplished and read about how they have grown and benefited from 4-H, we are reminded of just how our volunteer roles make a difference!!

Note: Many officers have their own books to turn in for evaluation. These are due at the end of August to the 4-H Office.

- Treasurer
- Historian
- Secretary
- Editor

Contact Allison Keaney at alkeaney@ucanr.edu for office book guidelines.

Club News

Zoe McCormick Receives California 4-H Diamond Clover Award

The California 4-H Diamond Clover, the highest achievement for a California 4-H youth member, has been awarded to Zoe McCormick! Zoe has been in 4-H for seven years, and participated in many different types of projects. She attended C.A.L. Conference and State Leadership conference to grow her leadership skills which she put to work in helping to test back-yard science nature curriculum from Cornell University and to grow her spark by launching her own county-wide birding project.

Her passion for ornithology has grown to include some incredible experiences. In 2014, Zoe did a summer internship studying Flammulated Owls with Plumas Audubon. In both 2015 and 2016, she was an intern in Yosemite with the Institute for Bird Populations. In early 2016, she was able to travel to Panama and experience hundreds of new bird species. Her summer youth birding event participation includes Hog Island Audubon, the American Birding Association, and Cornell University.

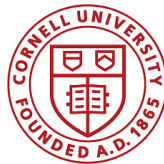
Zoe knows the meaning of service as well. In her time as a 4-H member, she has volunteered hundreds of hours with Richardson Bay Audubon Society, Golden Gate Raptor Observatory, and Wildcare. She has three "publications" of bird songs in the Macaulay Library, a library of sounds at Cornell University (<http://macaulaylibrary.org>).

Zoe is now traveling to New York to begin her freshman year at Cornell University.

Congratulations, Zoe! We wish you all the best!

You can be a Diamond Clover too!

To learn more about what it takes to receive the Diamond Clover Award, please visit http://4h.ucanr.edu/Resources/Members/Scholarships_-_Awards/Scholarships_-_Awards/4-H_Diamond_Clover_Awards/



Club News

Favorite Summer Memories from Tri-Valley 4-H

By Lucas Cheda

Reporter, Tri Valley 4-H

This summer we had many exciting experiences, with many of our members making great memories. Senior 4-H member Derrick Pomi's most exciting experience was "having the Junior Champion and the Reserve Junior Champion heifer at the California State Fair Western National Guernsey Show". Logan Pomi's most exciting and memorable experience this summer was winning Jr. Large Animal Round Robin at the Sonoma County in addition to having the Supreme Champion bull at both the Sonoma Marin Fair and the Sonoma County Fairs. Emily Prior's favorite experience about this summer was going swimming with her friends and showing cows at the fair. My most exciting experience was winning 14 year old Market Hog Showmanship and then going into the Senior Round Robin Runoff and winning Champion Senior Showman, earning a belt buckle and cash award.



From all of the Tri-Valley 4-H members, we hope you had a wonderful summer filled with excellent 4-H memories! We're looking forward to an awesome 2016-2017 year.

Kyle Machado Wins Gold!

By Martin Charles

Marin 4-H Shooting Sports



After a full season of improving his shooting technique and learning about firearm safety with the Marin/Sonoma Shooting Sports Club, 12 year old Kyle Machado competed in the 32nd Annual California Statewide Shooting Match and won a Gold Medal. He competed against more than 70 4H trapshooters from 17 clubs across the state, and shot 2 rounds of 22 out of 25 clay targets, an admirable achievement. Kyle also has raised bees for the past four years, is showing pigs for the first time this year, and enjoys spending time with his dog, Abby.

Congratulations Kyle!

Enrollment for the 2016-2017 season for Shooting Sports is in September. Details will be published here soon, so stay tuned!

Healthy Living

Marin 4-H Members are invited to participate with discounted entry:

West Coast Pentathlon will host a **USA Biathle** on
October 8, 2016
McNear's Beach (Area 7), San Rafael, CA.

There will be divisions of competitors for ages 8 and under to 70 and over:

- Elite athletes
- Recreation athletes
- Open athletes

Entries are due by October 1, 2016

Entry forms, detailed information, and
payment online are on their web site:

<http://westcoastpentathlon.com/biathle/>

NOTE: Upon completing this Biathle, all competitors will qualify for the
Biathle/Triathle World Championships.
October 21-23, 2016 in Sarasota, FL

*This event is organized and hosted by West Coast Pentathlon and is not a
4-H affiliated event. Questions? Please feel free to contact Pat Duffy at
P171Duffy@aol.com*

Does Your Club Have a Healthy Living Officer?

Are you looking for ways to integrate healthy living practices into your 4-H club? California 4-H has added the Healthy Living officer position to the 4-H Officer Manual. The Healthy Living officer will serve as the club's ambassador for health!

Learn more at http://4h.ucanr.edu/Projects/HealthyLiving/Become_a_Healthy_Living_Officer/

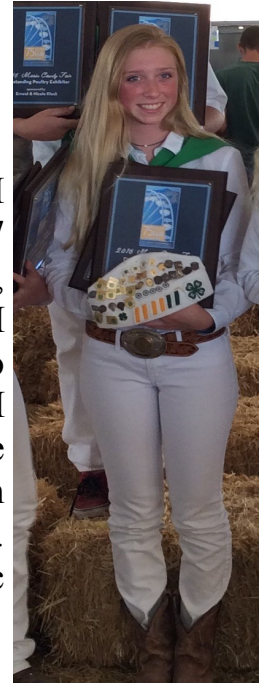




All Star Corner

Erin Rose Charlton
San Rafael, 4-H

I am Erin-Rose Charlton, a Marin County All Star. I started 4-H when I was 9, and have been a member for 7 years. Throughout my experience I have been a Teen Leader, and have loved stepping up to take a larger role in the 4-H community. The purpose of my service All Star Project is to spread awareness about 4-H by giving presentations about 4-H to elementary school students. Each presentation tells the children what 4-H is, how to get involved, and skills they can gain. I also bring in an animal for them to interact with. Through this project I hope to recruit new, enthusiastic members to lead to a larger 4-H community in Marin.



Council Officers 2016-2017

The Marin County 4-H County Council is a voting body of members from each club that plan Marin County 4-H events and manage the county program. The Council meets 4-5 times per year. All clubs are required to send a representative to each council meeting to provide input and learn of program updates and policy changes that affect their clubs. Officers are elected by the membership and serve a one-year term.

As the new 2016-2017 Program Year begins, the County Council would like to thank the following individuals for stepping up and serving:

President, Pat Karinen
Vice President, Rachael Metzger
Treasurer, Mischa McCormick
Secretary, Caryl Hodges

*Many thanks to our officers who have served
and continue to serve each year!*

4-H Summer Science & Nature

Another Great Time at Marin 4-H Summer Camp—World of Color!

By Marlowe Ural

Camp is a place like no other. It does and always will hold a special place in my heart. I've been going there since I was a small child and over the years there have been so many experiences that I've been through that make camp so memorable and enjoyable for me. I can remember one of my first years as a little camper getting lost on the sunrise hike and it being so foggy that you couldn't see 10 feet in front of you. I remember sleeping under the stars the first night I was there and just thinking what a beautiful and amazing spot I was at. My favorite memory has to be sitting up at the baseball field while stargazing and sitting in a circle and singing songs together with the fellow campers and staff. Camp is such an important part of my life. It means so much to me as it was one of the first places where I truly felt that I could fit in. I will always love camp and hope that I will be able to continue going for as long as I can as a staffer and then as a big kid.



Campers and parent chaperones can join us next year. Keep on the lookout for chaperone applications on January 2, 2017 and camper applications on April 1, 2017.

Junior Naturalist Day Camp Explores Nature Science and Conservation

Fifteen junior naturalists participated in three days of natural and environmental science activities. Participants learned about trees and tree health, alternative energy methods, clean water and watersheds, toxic clean up, and disaster response. Everyone had fun with stomp rockets, circuitry, and chemical reactions too!

Many thanks to those that helped make day camp a success:

- Rachael Metzger, camp counselor
- Janice Alexander, Tree Session, Forest Health Educator, UCCE Marin
- Steven Worker, Alternative Energy, 4-H Youth Development Advisor, Marin, Napa, and Sonoma Counties
- Loring Casartelli, Adult volunteer leader
- Pat Duffy, Adult volunteer leader



From the Staff

Facility Use Agreement Renewal

It is the beginning of the program year and time for many to renew their club's facility use agreements.

The University of California requires a use agreement for any facility used for meeting purposes: schools, community centers, meeting halls, and such.

The facility use agreement is not a complicated process, but it does take a little time. Please contact Allison at the 4-H office to begin the use agreement process.

Thank you!



4-H Enrollment Fees for 2016-2017

We are happy to announce that enrollment fees for the new 2016-2017 program year are going to remain the same:

Youth Members—\$40
Adult Volunteers—\$14

Enrollment usually begins at your September club meeting. Your Community Club Leader or your club's enrollment coordinator will guide you.



University of California
Agriculture and Natural Resources

This Newsletter is Presented by :

Steven Worker
4-H Youth Development Advisor

Allison Keaney
4-H Program Representative

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