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Make the best better

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Marin County 4-H Newsletter

Marin County 4-H
Youth Development Program
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Mark your Calendars!

August	
Aug 19	Record Book Judging
	Marin 4-H Office
	9:00 AM—2:00 PM
Aug 31	Officer Books Due
	All Club Year End
	Documents Due
September	
Sep 4	Labor Day
	Office Closed
Sep 14	Council Meeting
	Marin 4-H Office
	6:30 PM—8:30 PM
Sep 27	Officer Training
	Marin 4-H Office
	7:00-8:30PM
October	
Oct 1	Achievement Day
	4:00PM
Oct 1-7	National 4-H Week
	"Grow True Leaders"

The newsletter is sent to all 4-H families with completed and approved registration. A digital version of the newsletter is available on our website. To discontinue receiving a paper copy, call the office at 415-473-4207.

Welcome to the New 4-H Year!

Message from the President

On behalf of the Marin County 4-H Council I would like to take this opportunity to welcome back all returning 4-Hers and all new 4-H members. As anyone who has been in the 4-H program for any length of time knows, being a member, or a volunteer in a 4-H Club is a very rewarding and worthwhile endeavor. I hope that all returning 4-Her's are bringing in a new member with you this year since there is no better way of building your club or project than exposing people who have never experienced the 4-H way. As they say, "Share the fun!"

I would also like to thank all the volunteers who make 4-H go. Without you this program would be all stop and the children currently in the program would not be able to enjoy the things they do by being in 4-H.

That is all for now and I look forward to seeing you at the County Council meeting on September 14th.

> — Pat Karinen President Marin County 4-H

To all 4-H Members.... How to start the year with a bang!

It's a new 4-H year! What does that mean for you, the 4-H member? Here are some suggestions to help make this 4-H year a great one:

Try Something New: Sign up for a project you haven't tried before, or join a committee. Expand your horizons!

Set Goals: What do you want to accomplish in your leadership roles or projects? Write those goals down!

Plan Now for Next Year's Record Book: The key to completing a record book is to do a little at a time all year, especially the PDR. Check out the record book resources now, print out a PDR, and fill it in as the year unfolds. http://4h.ucanr.edu/Resources/ Members/RecordBook/

Celebrate National 4-H Week: National 4-H Week begins October 1st. The theme: "Grow True Leaders." Wear your shirt, give a presentation to your class at school, help out with a club outreach activity or share your 4-H pride is some other way.

Invite a Friend: Do you have a friend that might really enjoy your 4-H club. Invite him or her to come to your club meeting and check it out!

Have a great year!!!

I pledge...









To clearer thinking

To greater loyalty

August 2017 From the 4-H Youth Development Advisor



Integrating STEM into all 4-H projects

* Science, Technology, Engineering, and Mathematics

Young people will soon be entering a society faced with complex social, economic, and environmental issues requiring scientifically- and civically-engaged individuals able and willing to participate in public discourse and contribute to the healthy functioning of our democracy. Youth need to become scientifically literate in order to be workforce ready, participants in civic debates, and critical consumers of information. 4-H STEM is designed to help youth see science as a powerful tool to make sense of and construct knowledge about the world. 4-H STEM helps youth think about and address issues in their lives that involve STEM and connect learning with real-world situations where youth can adopt and use science or technology to solve problems.

4-H Project Leaders can integrate STEM into any 4-H project, including animals, foods and nutrition, fibers and textiles, or communications and leadership. Here are a few easy steps:

Follow the **experiential learning cycle** (do > reflect > apply).

Ensure youth have opportunities for **inquiry and exploration** into natural phenomena where they utilize **scientific and engineering practices**.

- ♦ asking questions
- developing and using models; such as drawing or other physical representations
- planning and carrying out investigations
- analyzing and interpreting data
- ♦ using math and computers
- ♦ constructing explanations and designing solutions
- ♦ engaging in argumentation
- ♦ obtaining, evaluating, and communicating information

Organize learning experiences sequentially to reinforce concepts over time.

Introduce and embed **scientific cross-cutting concepts** such as patterns, cause and effect, scale, systems, energy, structure and function, and stability and change.

And as with all 4-H projects, focus on **positive youth development practices**, such as ensuring physical and emotional safety, building relationships, ensuring youth-adult partnerships, connecting with the community, and focusing on skill building.

For more information, please visit http://4h.ucanr.edu/Projects/STEM/

University of California, Agriculture and Natural Resources, Cooperative Extension Contact Steven Worker at smworker@ucanr.edu or find more tips at http://ucanr.edu/4hadvisor

Regional News

4-H Beyond the County

By Skye McCormick
Tamalpais 4-H, Marin County All Star

Our county program has lots to offer, but there are even more opportunities at the sectional and state level. Some of those opportunities include overnight conferences. I have attended 3 of those, Washington Focus, SLC, and Citizenship Weekend. Aside from learning about leadership and citizenship, I have met some really great people from all over California and the United States.

Citizenship Weekend seems to be a sort of unintentional secret. I went for the first time two years ago and it was a really good experience. We participated in a mock trial, cleaned up the beach, and toured local attractions. This year it will be held in Saratoga, September 22nd through 24th Register soon! http://4h.ucanr.edu/4-H_Events/Citizenship_Weekend/

There is more going on in the 4-H Bay/Coast Region. Click here for an update: https://goo.gl/forms/hFz9ZwGUfIInVuuU2

SLC is the CA 4-H state leadership conference. It is held each year at a different UC or state school. We live in the dorms and eat in the college cafeteria. This year it was held at U.C. Davis. We had the opportunity to tour local points of interest, as well as attending 3 workshops of our choice. There were 26 workshops to choose from! Among them, goal setting, film, time management, robotics and debriefing. SLC is held in mid to late July. http://4h.ucanr.edu/4-H_Events/SLC/

Marin and Sonoma County 4-H will be hosting an activity table at the 4th Annual Agrarian Games at the Petaluma Fairgrounds, September 16th.



Members who would like to help out can have a fun activity to add to the Community Service category of their Personal Development Report in their Record Book. Shifts are 2 hours long, starting at noon and ending at 6:00PM.

Sign up here: http://www.signupgenius.com/go/10c0a4baeaf23aaf94-agrarian

State Leadership Conference

The California 4-H State Leadership Conference is a 4 day leadership conference for senior members. The conference gives youth the opportunity to enjoy the college experience, develop a variety of skills, and connect with other 4-H members across the state.

This year, Marin County 4-H had 5 delegates attend SLC and they highly recommend the conference to others. Here is what they had to say:

"I had a ton of fun at SLC this year. I really liked how they put us into PA groups which were similar to the tribe meetings at 4-h camp. The leaders I had were always enthusiastic and fun and there was never a dull moment. In addition I enjoyed the variety of workshops they offered ranging from making soap to making film. One of my favorite parts were the guest speakers. The most notable speaker was Houston Kraft who started his own movement. His speech was motivational and emphasized the importance of kindness to everyone, even strangers." ~ Gavin Patchet, Marin 4-H Camp

"This was my first year at SLC and I am so glad I went. The theme of the conference was goal setting which is such a broad skill that can be used in any part of your life. Some of my favorite things were seeing old friends from around the state, meeting new ones, and listening to the speakers. I learned some new tactics for attacking time management and took a closer look at how I use my time right now. Looking back, I had a wonderful time at State Leadership Conference and will definitely be recommending it to friends next year." ~ Naomi Watson, Nicasio 4-H

"I would definitely recommend this to other members because it was a great experience, you get to learn new things that isn't taught in a classroom, and you get to meet people who share similar interests to you. All the tours were fun and engaging. I would definitely recommend to show up on the first day to go on the tours.'

~ Morgan Boothe, Indian Valley 4-H

"My favorite part about attending SLC was meeting new people from all over the state and attending the Friday tours because we got to go to places that I would not do by myself. The two tours that I took were a Gold Fever tour where we learned about historic Sacramento and a tour of the state capital. I learned how to work with different people to accomplish a task in the different workshops. I would recommend this to 4H members because it was a great experience that I would love to again." ~ Taylor Boothe

4-Hers enjoyed a great keynote speaker, Houston Kraft, who talked about the importance of kindness. Learn more about him here: http://www.houstonkraft.com/



Favorite Workshop

Morgan—Robotics Naomi—Goal Setting & Time Management Taylor—Paper Physics Gavin—Film Making



Also attending SLC, working hard in the capacity of Tech Team member and conference reporting, was our own *Liam McCormick* of Tamalpais 4-H. You can check out Liam's Saturday newscast here: https://www.youtube.com/watch?v=6veL3q vLmM

Record Books!

RECORD BOOK EVALUATION IS ALMOST HERE!

County Record Book Evaluation
August 19th
9:00AM to 3:00PM
(or until we finish)
County 4-H Office



Record Book evaluation will begin with an overview of evaluation process, summarizing the webinars in Record Book Evaluation offered this Spring by the state office. Our orientation time together this year is very important!

Parents and leaders are welcome to participate in Record Book evaluation. One does not need prior experience to be an evaluator, and serving as one is an excellent way to improve 4-H Record Book knowledge and skills.

We are using the online service, Sign Up Genius, for this and other 4-H events and activities. Many families have used this for school and other organizations and find it quite helpful. To reach our Sign Up Genius registration for Record Book Evaluation, please visit: http://www.signupgenius.com/go/10c0a4baeaf23aaf94-record2

Record Book Evaluation is very rewarding! When we look at all that our members have accomplished and read about how they have grown and benefited from 4-H, we are reminded of just how our volunteer roles make a difference!!

Note: Many officers have their own books to turn in for evaluation. These are due at the end of August to the 4-H Office.

- Treasurer
- Historian
- Secretary
- Editor

Contact Allison Keaney at alkeaney@ucanr.edu for officer book guidelines.

Club News

What is Cross Clubbing?

You may have heard the term, "cross clubbing," but aren't sure what it is. No problem!

"Cross Clubbing" is when a member signs up for and takes a project in a club that is not his or her own. This may happen when a project is not offered in the member's home club. For example, the Happy Clover 4-H Club might offer a goat project. Ben, is a member of the Hillside Clovers 4-H Club which does not have a goat project. Ben has room for goat and always wanted to raise them, and so would like to take that project.

How Does it Work?

"Cross Clubbing" may only be done with the permission of the club leader and the project leader. Sometimes the project is very full and can take no more members due to space constraints and safety concerns. The member should talk with the project leader and get permission.

When the member receives permission, he or she may add the club and project in 4honline as a secondary club.

When is "Cross Clubbing" not ok?

The purpose of "cross clubbing" is to make programs and projects available to 4-H members who are interested in them but do not have them available. "Cross clubbing" is not a way for youth to find a "better" project or leader. Members must utilize the offerings of their own club first.

Shooting Sports

One exception to this guideline is the Marin 4-H Shooting Sports Club. This club has a single project, and is structure to allow for cross clubbing from other Marin AND Sonoma County 4-H Clubs. Members may enroll in Marin 4-H Shooting Sports as their club, or they may enroll in shooting sports as a project in addition to their other 4-H activities.

Please don't hesitate to contact the 4-H office if you have questions.



County News

Serve on a Marin 4-H Committee in 2017-2018

As most of you know, the Marin County 4-H program is led by the County Council. This group of leaders includes a representative from each club and the All Star Ambassador team. The Council raises money and guides the events and activities of the county program.

Our County program also uses committees to work on specific areas of the program. We have two committees that need participation this year.

Expansion and Review Committee: 4-H policy requires that each county convene an Expansion and Review committee each year, to explore options and advise clubs on ways to make their programs more welcoming and open to all of Marin. The Expansion and Review Committee meets 2-3 times a year, after regularly scheduled council meetings. There is no maximum of members for this committee, but should include a minimum of 6, ideally two leaders, two youth members, and two community members.

Incentives and Recognition: The Incentives and Recognition committee is an ad hoc committee that convenes every 2 –3 years to review the awards that are given out to Marin 4-H youth. This year the committee will convene to review a number of awards, meeting 2-3 times for 2 hours each. We are pleased to have Loring Casartelli, Karen Gifford, and Reisa Paulsey serving on the committee this year. We need one more youth member to complete the committee.

If you would like to serve on either committee, please contact Allison at the 4-H office at alkeaney@ucanr.edu.

Council Officers 2017-2018

The Marin County 4-H County Council is a voting body of members from each club that plan Marin County 4-H events and manage the county program. The Council meets 4-5 times per year. All clubs are <u>required</u> to send a representative to each council meeting to provide input and learn of program updates and policy changes that affect their clubs. Officers are elected by the membership and serve a one-year term.

As the new 2017-2018 Program Year begins, the County Council would like to thank the following individuals for stepping up and serving:

President, Pat Karinen Vice President, Karen Taylor Treasurer, Amy Ondricek Secretary, Rachael Metzger

Many thanks to our officers who have served and continue to serve each year!

4-H Summer Science & Nature

Another Great Time at Marin 4-H **Summer Camp**

By Marlowe Ural

Camp is a place like no other. It does and always will hold a special place in my heart. I've been going there since I was a small child and over the years there have been so many experiences that I've been through that make camp so memorable and enjoyable for me. I can remember one of my first years as a little camper getting lost on the sunrise hike and it being so foggy that you couldn't see 10 feet in front of you. I remember sleeping under the stars the first night I was there and just thinking what a beautiful and amazing spot I was at. My favorite memory has to be sitting up at the baseball field while stargazing and



sitting in a circle and singing songs together with the fellow campers and staff. Camp is such an important part of my life. It means so much to me as it was one of the first places where I truly felt that I could fit in. I will always love camp and hope that I will be able to continue going for as long as I can as a staffer and then as a big kid. Come join us next year!

Campers and parent chaperones can join us next year. Keep on the lookout for chaperone applications on January 2, 2018 and camper applications on April 1, 2018. Thank you to the camp committee and adult staff who make camp possible by planning, organizing, and giving up a week of their vacation time to create this great experience for our campers!



SUMMER 4-H STEM AROUND MARIN

Youth in Marin's summer enrichment programs were able to experience 4-H STEM activities this summer. Students in grades 1-8 explored chemistry, physics, civic planning, engineering, electricity, and environmental science. 4-H staff worked with Bay

area Community Resources' LEAP program, YMCA, and Canal Kids' Club providing staff training and materials, serving approximately 800 youth.



From the Staff

Facility Use Agreement Renewal

It is the beginning of the program year and time for many to renew their club's facility use agreements.

The University of California requires a use agreement for any facility used for meeting purposes: schools, community centers, meeting halls, and such.

The facility use agreement is not a complicated process, but it does take a little time. Please contact Allison at the 4-H office to begin the use agreement process.

Thank you!



4-H Enrollment Fees for 2017-2018

Enrollment fees will be as follows for the 2017-2018 program year. We will not see a youth member increase next year, but will see a \$2 increase for volunteers.

Youth Members—\$50 Adult Volunteers—\$16

Returning families are welcome to go to 4honline and re-enroll for the new year. Fees will still be payable directly to your club at the first meeting.





This Newsletter is Presented by:

Steven Worker 4-H Youth Development Advisor Allison Keaney 4-H Program Representative

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