



November 2015

# Cloverleaflet

Make the best better



Mark your Calendars!

**Marin County 4-H  
Newsletter**  
Marin County 4-H  
Youth Development Program  
1682 Novato Blvd., Suite 150-B  
Novato, CA 94947  
Phone (415) 473-4207  
Fax (415) 473-4209  
Marin County Cooperative  
Extension website:  
<http://cemar.in.ucdavis.edu>  
State 4-H website:  
<http://ca4H.org>

## November

Nov 26-27 OFFICE CLOSED  
Thanksgiving Holiday

## December

Dec 24-25 OFFICE CLOSED

## January

Jan 1 OFFICE CLOSED  
New Year's Day

Jan 7 Council Meeting  
6:30 PM  
4-H Office, Novato

Jan 18 Martin Luther King, Jr  
OFFICE CLOSED

Jan 22-24 C.A.L. Conference

## February

Feb 15 President's Day  
OFFICE CLOSED

Feb 24 Deadline  
Presentation Day Enrollment

Feb 28 County Presentation Day  
Vallecito School, Terra Linda  
2:00PM

*The newsletter is sent to all 4-H families with completed and approved registration. A digital version of the newsletter is available on our website. To discontinue receiving a paper copy, call the office at 415-473-4207.*

## Worth Celebrating!

### *Congratulations to our New All Stars!*

We are happy to welcome three new senior 4-H members to our all Star Program.

Erin Rose Charlton of San Rafael 4-H

Liam McCormick of Tamalpais 4-H

Rachael Metzger of Tamalpais 4-H

Also rounding out the team is Skye McCormick who is finishing her All Star Project. Thank you to Charlie Barboni, Marin County Fair and Paulette Swallow, UCCE Agriculture Advisor for sitting on the interview panel.

Our All Stars will be making the rounds soon to 4-H clubs to introduce themselves and talk about the projects they will be leading. Look to see them in the late winter or early spring.

—Loring Casartelli  
—Mischa McCormick  
All Star Advisors

### A Time to Give Thanks

We at the 4-H office want to wish all of our members, our volunteers, our community partners, and their families a very happy and healthy Thanksgiving.

In 4-H, we encourage all types of communication skills, including the classic, hand written thank you note.

We have seen many thoughtful and carefully written notes come through our doors from members thanking us for help with their projects, or thanking Council for the awards they receive.

This Thanksgiving, I challenge our 4-H members to take some of their time off from school, and write a thank you note to one of the hardest working volunteers out there—a 4-H leader. Maybe your Community Club Leader helped you perfect your Record Book. Maybe one of your project leaders coached you into excellent showmanship. Whoever it was, pick one and write them a note. Let them know how much their time and effort meant to you. It will mean so much!

If you don't have the address of your leader, feel free to send your notes to the 4-H Office and we will forward them. 1682 Novato Blvd., Ste. 150B, Novato, CA 94947.

*Happy Thanksgiving!*



# County News

Dear 4-H Families,

We have two major events in 4-H every year. Not only are they fun, our members receive **so many** benefits by participating in them. They take a little planning, so we would like to outline them now so you can help your child learn about them, and prepare for them, so that they may participate and have a wonderful time being rewarded for their accomplishments.

## Presentation Day

**What is a 4-H presentation?** A presentation is a method used to communicate an idea by showing and/or telling. It can be a demonstration or a talk that uses posters and other visual aids. A 4-H presentation helps youth learn to:

- Research a subject
- Organize ideas in a logical order
- Be a teacher and practice public speaking skills.

There are many different types of presentations. Every member is encouraged to give a presentation each year.

Our **County Presentation Day** is an annual event where our members come together and share their presentations. Adult volunteers act as judges, evaluating each presentation against a standard for that particular category. Participants receive awards based on how they do. The award levels are gold, blue, red, and white. Those members earning a gold receive a pin for their hat and are eligible to advance to the sectional or regional presentation competition.

A complete handbook all about presentations can be found here: <http://4h.ucanr.edu/files/220608.pdf>

County Presentation Day is Sunday, February 28th 2:00PM @ Vallecito School

## **FAVORITE FOODS DAY & FASHION REVUE—April 24th**

This fun day allows our youth members the chance to share their cooking and sewing skills. MEMBERS DO **NOT** NEED TO BE ENROLLED IN COOKING OR SEWING PROJECTS TO PARTICIPATE! Here are the descriptions of the events:

**Favorite Foods:** Members pick a dish they like, prepare it, and bring it to the event. They present their dish with a table setting and menu recommendations. Judges taste the dish and ask questions about its place in the “My Plate” nutritional guidelines, and about safe food handling practices. Best of all, as judging is finished, everyone gets to try the amazing creations and take home copies of the recipes!

**Fashion Revue:** Members put together outfits that they purchase, or sew garments and build a look around those pieces. Either way, Fashion Revue allows our members to show off their sewing and purchasing skills. There is a category for everyone! Outfits are evaluated, participants are interviewed, and the event is topped off with a fashion show.

These events are one more way our members can have fun and be rewarded for their skills and presentation growth. Don't miss it!

# From the Staff

## 4-H Camp Dates

Mark your calendars!

Marin County 4-H will be holding  
summer camp on  
**July 10-16, 2016**

Enrollment for campers will be available on April 1st. Camp fills up quickly so please mark your calendars. The form will be available online the night before, and the office will open at 8:30AM to begin receiving your applications.



## State Fashion Revue 2016

State Fashion Revue has announced its theme,  
"Hoe Down, Sew Down"

Date: May 28, 2016  
U.C. Davis  
(part of State Field Day)

Members do not have to be in a sewing project to participate.

Community Service Projects for State Fashion Review are:

**"Fashion It Pillow Cases,"** creating great pillow cases for patients at Ronald McDonald house, Shriners and other children's hospitals.

To participate in State Fashion Revue, members qualify at County Fashion Revue, scheduled for April 24, 2016. There are different categories you can enter. Don't sew? Consider the Consumer Science Purchased category.

For more information about Fashion Review, please visit:  
[http://4h.ucanr.edu/4-H\\_Events/SFD/SFR/](http://4h.ucanr.edu/4-H_Events/SFD/SFR/)



**University of California**  
Agriculture and Natural Resources

This Newsletter is Presented by :

David Lewis  
County Director

Allison Keaney  
4-H Program Representative

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability medical condition (cancer-related or genetic characteristics) ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veteran are special disabled veterans, recently separated veterans, Vietnam era veterans, or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's non discrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California Agriculture and Natural Resources, 1111 Franklin Street, 6th floor, Oakland, CA 94607-5200, (510) 987-0096